

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10AM						YOUTH GI ALL AGES
11AM						YOUTH GI COMPETITION
12PM						ADULTS GI
4PM	KIDS GI	KIDS GI	KIDS NO GI	KIDS GI		
5PM	JUNIORS GI	JUNIORS GI	JUNIORS NO GI	JUNIORS GI	YOUTH NO GI ALL AGES	
6PM	TEENS GI	TEENS GI	TEENS NO GI	TEENS GI	YOUTH GI COMPETITION	
7PM	ADULTS GI	ADULTS GI	ADULTS NO GI	ADULTS GI	ADULTS NO GI	
8PM	LIVE TRAINING	LIVE TRAINING	LIVE TRAINING	LIVE TRAINING		
KIDS JJ	4 TO 6 YO	ALL LEVELS				
JUNIORS JJ	7 TO 10 YO	ALL LEVELS				
TEENS JJ	11 TO 15 YO	ALL LEVELS				
ADULTS JJ	16 YO & OVER	ALL LEVELS				
LIVE TRAINING	17 YO & OVER	GI OR NO GI SPARRING				



